



# International Experts Summit on Traditional, Complementary and Integrative Medicine Osaka, Japan | March 15–17, 2027

## Day 1: Foundations of Traditional and Integrative Medicine

**08:00 AM – 09:00 AM** | Registration & Welcome Coffee

**09:00 AM – 09:30 AM** | Opening Ceremony & Welcome Address

**09:30 AM – 10:30 AM** | **Keynote Session 1**

*Advancing Integrative Medicine: Bridging Traditional Healing and Modern Science*

**10:30 AM – 11:00 AM** | Networking Break

**11:00 AM – 12:30 PM** | **Plenary Sessions**

- Traditional Medicine Systems: Ayurveda, TCM, and Global Practices
- Herbal Medicine and Natural Product Research
- Integrative Approaches to Preventive and Lifestyle Medicine

**12:30 PM – 01:30 PM** | Lunch Break

**01:30 PM – 03:30 PM** | **Symposium**

*Emerging Trends in Complementary and Integrative Healthcare*

**03:30 PM – 04:30 PM** | **Invited & Featured Talks**

(Oral presentations by leading researchers and practitioners)

**04:30 PM – 05:30 PM** | **Panel Discussion**

*Challenges in Integrating Traditional Medicine into Modern Healthcare Systems*

**05:30 PM – 06:00 PM** | Poster Session & Networking Reception

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## Day 2: Innovations in Complementary and Integrative Therapies

**08:30 AM – 09:30 AM** | **Keynote Session 2**

*Mind-Body Medicine and Holistic Approaches for Global Health*

**09:30 AM – 11:00 AM** | **Plenary Sessions**

- Acupuncture, Yoga, and Mindfulness-Based Therapies
- Nutrition, Lifestyle, and Preventive Medicine

- Integrative Approaches in Mental Health and Chronic Diseases

**11:00 AM – 11:30 AM** | Networking Break

**11:30 AM – 12:30 PM** | **Workshop**

*Practical Applications of Yoga, Meditation, and Holistic Therapies*

**12:30 PM – 01:30 PM** | Lunch Break

**01:30 PM – 03:00 PM** | **Oral Presentations**

(Latest research findings in traditional and integrative medicine)

**03:00 PM – 04:00 PM** | **Symposium**

*Role of Digital Health, AI, and Technology in Integrative Medicine*

**04:00 PM – 05:00 PM** | **Panel Discussion**

*Regulation, Safety, and Ethical Considerations in TCIM*

**05:00 PM – 06:00 PM** | Poster Presentations & Networking

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### **Day 3: Future Directions in Integrative Medicine**

**08:30 AM – 09:30 AM** | **Keynote Session 3**

*Future of Personalized and Integrative Healthcare*

**09:30 AM – 10:30 AM** | **Plenary Sessions**

- Integrative Oncology and Chronic Disease Management
- Ethnomedicine and Indigenous Knowledge Systems
- Translational Research in Complementary Medicine

**10:30 AM – 11:00 AM** | Coffee Break & Networking

**11:00 AM – 12:30 PM** | **Workshop**

*Clinical Applications of Integrative Medicine in Healthcare*

**12:30 PM – 01:30 PM** | Lunch Break

**01:30 PM – 03:00 PM** | **Invited & Featured Talks**

*Emerging Innovations in Traditional and Complementary Medicine*

**03:00 PM – 04:00 PM** | **Final Panel Discussion**

*Future Roadmap for Integrative Medicine and Global Collaboration*

**04:00 PM – 05:00 PM** | Closing Remarks & Award Ceremony

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### **Latest Topics for Engaging Talks**

- Integrative Medicine and Personalized Healthcare

- Herbal Medicine and Natural Product Drug Discovery
  - Mind-Body Interventions: Yoga, Meditation, and Wellness
  - Traditional Medicine Systems: Ayurveda, TCM, and Kampo
  - Nutrition and Lifestyle-Based Preventive Medicine
  - Digital Health and AI in Integrative Medicine
  - Ethnobotany and Medicinal Plant Research
  - Translating Traditional Medicine into Clinical Practice
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**Note:**

The program schedule is tentative and subject to change. Participants are encouraged to check for updates closer to the conference date.